SPRING 2016 Adult Activities April — June



Amazon Community Center • 2700 Hilyard Street, Eugene, OR 97405 • 541-682-5373

Pre-registration is required for all classes, trips & presentations. Call 541-682-5373, visit us, or go to our web: www.eugene-or.gov/ amazoncenter

Like Us on Facebook! View Pictures, Fun Facts, Articles and more

SHIBA for 50+

1st Tuesdays of the month 1-4pm Have questions about health insurance or medicare? Call: 541-736-4421 To book your FREE **Appointment**

AMAZON POOL

OPENS

May 23rd for

Lap Swimming

Call: 541-682-5314

Summer Registration STARTS APRIL 13!



ADULT TRIPS and HIKES

Sweet Creek Hike \$32

Thurs. Mar. 31, 9:00am-5pm

Intro to Wild Mushroom Foraging \$32

Friday April 1, 6—8pm classroom presentation Saturday April 2, 9am-4pm out in the field

Coffee Tour of Sisters \$32

Thurs. April 14, 9:00am-5:30pm

Sahalie & Koosah Falls Hike \$32

Thurs. April 21, 9:00am-5:30pm

Cranberry, Cheese, and Fudge \$32

Thurs. May 12, 8:30am-6:00pm

Salt Creek Falls Hike \$32

Thurs. May 19 9:00am-5:30pm

Clamming at Coos Bay \$32

Fri. May 27, 9:00am-6:00pm

FAMILY CLASSES

Family Fun With Clay

Wednesdays April 13—May 18 4-5:30pm Cost: \$25 for 1 adult, \$25 for 1 child, \$12.50/ea additional person

Jewelry Design In Clay

Sundays April 3—May 17 11am—12:30pm Cost: \$25 for 1 adult, \$25 for 1 child, \$12.50/ea additional person Under age 8 with parent.

Parent/Child age 4+ Martial Arts

Tues & Thurs April 12-June 9 6:00—6:30pm Cost: \$40/person

ART and CLAY CLASSES

Watercolor Impressions \$85

Mon. Apr. 4-May 23, 6:30 - 9:30pm Wed. Apr. 6-May 25. 2, 1 - 4pm Thurs. Apr. 7-May 26. 3, 1—4pm

Color Watermedia \$85

Tues. Mar. 29-May 17 1:00-4:00pm

Drawing and Composition \$85

Thurs. Mar. 31-May 19 9:30am-12:30pm

Paper Clay Sculpting \$40

Sun. Apr.24-May 15, 11:00am-12:30pm

Clay Handbuilding \$85

Wed. Apr 6-May 25, 6:00-8:30pm

Clay Wheel & Handbuilding \$85 **Beginning Level**

Mon. April 4-May 23, 12:30pm-3:00pm Mon. April 4-May 23, 6:00-8:30pm **Continuing Level**

Thurs. March 31—May 19 6:00-8:30pm

Jewelry Design in Clay

Sundays April 3—17 11:00am-12:30pm Cost: \$30/person

Children under 8 must be with adult.

Clay Open Studio:

Tuesdays April 5—June 7: 6:00—9:00 pm

Use the wheel or hand build to your hearts content. Access to clay, glazes, and firing. No instruction provided. Pre-requisite required.

Mycological Society Meetings

Want to learn about mushrooms? Wednesday of each month: 7:00-9:00pm January through May FREE

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Hours M-F 9am-5pm Questions?

Gina Tafoya Center Manager 541-682-5306

Michael Cole Programmer 541-682-6304

Josh Lutje Teen & Trip Info 541-682-6304

Jill Sager Office Coordinator 541-682-5373

> DIGITAL CAMERA WORKSHOPS

<u>Digital Camera, Find</u> <u>Settings & Menus</u>

Tues. April 12, 1-3:30pm Cost: \$25

Choosing an Android Tablet Cost: \$25

Thurs. May 12 1-3:30pm

TABLE TENNIS

We've got everything you need so drop-in. Cost: 50 cents M & F 1:30-3:30 pm Jan. 4- June 3 No experience necessary! Join US. No Tennis on 5/30.

Popular Fitness Classes!

Intense Interval Training \$40 Mon. Apr 4—May 23, 5:30-6:30pm

Zumba Gold 11am-noon Wed. Apr 6-June 8, 11am-noon **\$36**

<u>Zumba Cardio</u> 5:30-6:30pm Wed. Apr. 6-June 8, **\$36**

Qigong for Health 11:30am-12:30p Tues. Apr. 12—June 7 **\$32**

Tai Chi Beginner 10:40-11:40am Wed. Apr. 6-June 8 **\$35** Mon. Apr. 4—June 6 **\$31**

Tai Chi Continuing 9:30-10:30am Wed. Apr. 6-June 8 **\$35** Mon. Apr. 4-June 6 **\$31**

Beginning Fencing \$89

Wed Apr 13-June 1 5:30-6:30pm

Intermediate Fencing \$89 Wed Apr 13-June 1 6:45-7:45pm

<u>Pilates Beginning</u> 6:45-7:45pm Tues. Apr. 5-June 7 **\$63**

Pilates Continuing 5:30-6:30pm Tues. Apr. 5-June 7 **\$63**

Bhangra Dance \$40

Thurs. Apr. 7-May 26 7:00-8:00 pm

Belly Dance \$50 5:30-6:30pm Thurs. Apr 7-June 9

<u>Aikido</u> \$95 Tu&Th each week April 12-June 9 6:45-8:00pm

Nidra Yoga 4—5pm \$48 Thurs. Apr. 7-May 12

Ballet Barre & Stretch \$40 Fri. Apr. 8-May 27 10:45-11:45am

YOGA CLASSES

Yoga 9:15—10:15am **\$40** Thurs. Apr. 7-June 9

<u>Chair Yoga</u> 10:30-11:30am **\$35** Thurs. Apr. 7-June 9

<u>Feldenkrais</u> 6:45-7:45 **\$48** Mon. Apr. 4—May 9

Can't Commit to A Full Fitness Class?

DROP-IN WELCOME for

Zumba Gold → Zumba Cardio
Yoga → Chair Yoga
Oi-Gong

Cost per visit: \$5 (come early to pay at front office)

<u>Urban Homesteading Workshops</u> \$18 per class

Meets Saturdays 2:00—4:00 pm

Please Register Ahead

4/9: Free Talk 2:00-3:00 pm

4/16: Garden Planning 4/23: Backyard Poultry

4/30: Sauerkraut & Kombucha 5/7: Bread Making/Sourdough

5/14: Cheese Making 5/21: Soap Making 5/28: Preserving Basics 6/4: Edible Landscaping